



GADEN SHARTSE
SACRED EARTH
HEALING ARTS
OF TIBET

www.gadenshartsecf.or

The Sacred Earth and Healing Arts of Tibet Tour is the official tour of the internationally recognized Gaden Shartse Monastery. Founded in 1409, The Gaden Shartse Monastery is one of three great monasteries of Tibet, recognized as one of the most important seats of education for Tibetan culture. After the exile from Tibet, the monastery was re-established in 1969 in south India.

Tour Purpose

The internationally acclaimed tour has been visiting the U. S. since 1992 with a two-fold mission:

1. To be of service to the world community by nurturing the spread of peace, harmony, compassion, and tolerance through cultural exchange, interfaith dialog, and Buddhist teachings.
2. To raise funds needed to preserve the Tibetan culture and education at Gaden Shartse Monastery located in the Tibetan Refugee Settlement at Mundgod, India. Funds raised on the 2010 – 2011 tour will be donated directly to the Gaden Shartse Education Project and will be used for educational supplies, teachers, technology, buildings, maintenance, preservation, and outreach.

Tour Programs

Five public events will take place in Phoenix. Suggested donation for each event is \$20, except where indicated. At each event, the audience can engage the monks and learn more about Tibetan culture. The tour seeks to be accessible to all so that we might join together in creating understanding within our world community and to be a blessing to all sentient beings. Private appointments are also available, as indicated at the end of this Press Release.

1. Journey to the Roof of the World: Sacred Chants and Dances of Tibet. Monday March 14th 2011 7-9:00 pm

Come join us for an evening of sacred sounds from the roof of the world. Long hidden behind the Himalayan mountain ranges, the ancient Tibetan culture remained virtually untouched by the outside world for thousands of years. Now you will have an opportunity to experience the rare sounds and dramatic imagery of Tibetan sacred dances, music, and chants. This is a complete stage performance with ornate costumes. It contains eight different performances presented in two 45 minute segments separated by a short intermission.

Unity Church of Mesa

2700 East Southern Avenue

Mesa, AZ 85204-5415

(480) 892-2700

<http://www.unityofmesa.org/>



2. Green Tara Empowerment. Tuesday March 15th 2011 7-8:30 pm

In this intimate, peaceful space, the monks of Gaden Shartse monastery will engage participants in Green Tara Empowerment. Green Tara is a beautiful female embodiment of compassion and right action -- appropriate for male and female alike. During the Empowerment, each participant's three doors (body, speech, and mind) are purified of negativities and blessed individually. Participants receive the transmission of her famous, ancient mantra.



Shrine of Holy Wisdom

Fr. Jorge Rodriguez Eagar

5025 S. Ash Ave Suite B-15

Tempe, AZ 85282

(480) 219-9633

<http://www.theshrineofholylwisdom.org/>

3. Medicine Buddha Empowerment. *Wednesday March 16 2011 6 - 8:30 pm*
What better place to have a healing ceremony than at Southwest Institute of Healing Arts? Medicine Buddha embodies the power of healing of all the Buddhas. As confirmed by both Western and Eastern scientific research, strength of mind and will has a major role in healing. The Medicine Buddha empowerment establishes and strengthens the participant's ability to receive benefits of the healing powers of all the Buddhas. During the Empowerment, each participant's three doors (body, speech, and mind) are purified of negativities and blessed individually. Participants receive the direct transmission of the mantra passed down through an unbroken, ancient lineage.

*Southwest Institute of Healing Arts
(SWIHA)
1100 E. Apache Blvd.
Tempe, AZ 85281
(480) 994-9244
<http://www.swiha.edu/>*



4. a) Butter Sculpture Workshop for Children and Adults. *Thu March 17, 2011
4:00 - 5:00 pm Suggested donation: \$15*
Bring out the child in you! Alongside the Tibetan monks of Gaden Shartse, you can create the traditional, conical offering cakes. Usually made of barley flour and butter, the Tibetans call the butter sculptures "tormas," meaning to "cast away or scatter," and implying both a sense of offering and dispelling one's negativities.

*Inspired Yoga
925 N. Stapley Dr., Suite E
Mesa, AZ 85203
(480) 471-8987
<http://www.inspireyogi.com/>*

b) Potluck dinner with the monks. *5:30 – 6:30 pm*

c) Chenrezig Empowerment: *Thursday March 17th 2011 7-8:30 pm*
The Buddha of Compassion, known as Chenrezig (Tibetan) or Avalokiteshvara (Sanskrit), pledged to delay his own attainment of enlightenment until all sentient beings were free from suffering. Receiving the empowerment imparts the famous mantra - Om Mani Padme Hung -- and the benefits of his power of compassion and protection. Especially in this era of violence and mental instability, the blessing of Chenrezig helps one become more peaceful and compassionate.



You must call ahead 480-471-8987 for events a-c, as this space is limited to 35.

5. Chants and Images of Tibetan Monastic Life. *Friday March 18th 2011
7-9:00 pm*

In the comfortable hall at the back of this beautiful herb shop, the monks will present a short slideshow on life in the monastery. Join us for a rare peek inside the world of a Tibetan Buddhist monastery, capturing the essence of their sacred lifestyle and behind-the-scenes images. The presentation includes narration and a question and answer period. The audience will have an opportunity to engage the monks, learn about their ancient way of life, and hear a multi-phonetic chanting sampler.

*Southwest Herb Shop
148 N. Center St
Mesa, AZ 85201
(480) 694-9931
<http://www.swherb.com/>*



6. Private healing by appointment. *Tue – Fri March 15-18, 2011 10-4 pm.*
Email requests to phoenixmonksevents@hotmail.com or leave a message at 480-710-4355.

GADEN SHARTSE
SACRED EARTH
HEALING & ARTS
OF TIBET